

Mazen A Freij Bishtawi

MBBS, DHSOG, JBOG, FRCOG, EDOE, CCT, CCST, FICRS

Degree of Higher Specialisation in Obstetrics and Gynaecology

Jordanian Board in Obstetrics and Gynaecology

Fellow of the Royal College of Obstetricians and Gynaecologists

European Diploma in Operative Endoscopy

Certificate of Completion of Specialist Training

Certificate of Completion of Subspecialist Training

Fellowship of the International College of Robotic Surgery

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Personal Details

Name Mazen H. Abu **FREIJ BISHTAWI**

Date of birth: 23rd November 1973

Sex: Male

Marital Status: Married

Nationality: Jordanian

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Amman

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Current Post: Assistant Professor, Obstetrics and Gynaecology, University Of Jordan

Consultant Subspecialist in Gynaecological Oncology, Jordan University Hosp.

Personal Statement

I am an assistant Professor at the University of Jordan and a consultant subspecialist in gynaecological oncology at Jordan University Hospital. I am involved in promoting research, medical student teaching, and supervising postgraduate training. I provide a high level of service to our population with particular interest in modern laparoscopic surgical techniques and supra-radical surgical treatment in gynaecological cancers

Over the past five years I had many presentations on national and international level. I conducted many workshops in obstetrics and gynecology. I am a member of administrative committees nationally and internationally.

I am honest, hard working, enthusiastic, and focused, I have a good working knowledge to operate in this specialty, I am a team leader with good communication skills, I always believed in working hard to achieve my goals.

I participate in clinical audits, regularly updating myself on the recent advances in the specialty. I am keen on attending national and international conferences.

Medical and Educational Qualifications

- March 2017 Fellowship of the Royal College of Obstetricians and Gynaecologists
UK (**FRCOG**)
- Sep 2015 Fellowship of International College of **Robotic Surgeons (FICRS)**
- Dec 2012 ATSM in **Medical Education** through RCOG
- Nov 2012 Certificate of Eligibility for Specialist Registration CESR.
- June 2011 **EDOE**, European Diploma in Operative Endoscopy, France
- Nov, 2010 Certificate of **Subspecialist Training in Gynaecological
Oncology** (RCOG)
- April 2007 **BSCCP** certificate as an accredited Colposcopist.
- May, 2005 **MRCOG**, Royal College of Obstetricians and Gynaecologists
- August 2002 **Jordanian Board** in Obstetrics and Gynaecology
- June.2002 Awarded the **Degree of Higher Specialization** in Obs&Gyn,
From the Faculty of Graduate Studies, University of Jordan
- June.1997 Awarded **M.B.B.S.** degree from the Faculty of Medicine,
University of Jordan.
- June.1991 Awarded The General Secondary Education Certificate
Examination (Scientific Stream), from the Ministry of
Education, Jordan, ranking the first in the region .
- June.1991 Awarded Secondary School Certificate,
King Talal High School, Jordan. Ranking the first

Employment History

GRADE		SPECIALTY	EMPLOYER	DATE FROM	DATE TO
Assistant Professor	Full time	Obst & Gynae	The University of Jordan	30-09-12	Till now
Consultant Gynaecological Oncologist	Full time	Obst & Gynae	Jordan University Hospital	30-09-12	Till now
Consultant Gynaecological Oncologist	Full time	Obst & Gynae	Norfolk and Norwich University Hospital	01-11-11	27-08-12
Subspecialty Trainee	Full time	Gynaecologic Oncology	Norfolk and Norwich University Hospital	01-10-07	30-10-11
Senior Registrar	Full time	Obst & Gynae	Norfolk and Norwich University Hospital	04-10-06	30-09-07
Registrar	Full time	Obst & Gynae	James Paget University Hospital	10-01-05	03-10-06
Clinical Fellow	Full time	Obst & Gynae	James Paget University Hospital	02-09-04	09-01-05
Senior Registrar	Full time	Obst & Gynae	King Abdulaziz Hospital	27-01-03	20-07-04
Senior Registrar	Full time	Obst & Gynae	Farah Hospital and research Center	01-07-02	20-01-03
Registrar	Full time	Obst & Gynae	Jordan University Hospital	01-07-99	30-06-02
SHO	Full time	Obst & Gynae	Jordan University Hospital	01-07-98	30-06-99
House officer	Full time	General	Al Basheer Hospital	14-06-97	01-06-98

Invited Speaker or Moderator in Jordan

1. 18th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 2nd&3rd**March 2017** Amman

Moderator

2. Evening Presentation for the Jordanian Society in Obstetrics and Gynaecology**January 2017**, Specialty Hospital.

Title: Prediction of Ovarian Cancer in younger age group

3. Women Oncology Conference “ Less is More”, 20-22 **October 2016**. Amman

Moderator.

4. The 13th International Congress of the Jordanian Society of the Obstetricians and Gynaecologists. 31st August – 2nd**September 2016**

Title: management of Borderline ovarian tumours

5. Highlights of ASCO, Jordanian Oncology Society 21-22 **July 2016**

Moderator

6. Jordan Surgical Clinical Congress. 5-8 **May 2016**.

Moderator

7. The 17th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 3rd&4th**March 2016**

Title: Is there a need for cervical screening in Jordan

8. The 4th Asian Congress on Endometriosis, 19th – 21st **November 2015**, Dead sea Jordan

Title: Endometrioma and Ovarian Cancer Risk

8. Women Oncology Conference “ Tackling the Challenges”, 16-17 **October 2015**. Amman

Title: The role of Sentinel Lymph nodes dissection in cervical cancer

9. 16th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 26-27 **February 2015** Amman

Title: Updates on the management of Gestational Trophoblastic disease

10. Nursing Day at Jordan University Hospital, 25 **June 2014**

Title: Can we reduce infection rate after caesarean section

11. The 15th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 27-28 **February 2014**, Amman

Title: Screening for Gynaecological malignancies

12. TECHSTAGE, When technology sponsors our life. **May 2013**

Title: Robotic Surgery, pushing medicine to new frontiers.

13. The 14th Annual Conference in Obstetrics, Gynaecology and Women's Health. 28th – 1st **March 2013**

Invited Speaker Abroad

1. The Annual meeting for the Lebanese Society of Obstetrics and Gynecology 9-11 **November 2017 Lebanon**

2. European Society For Gynaecological Endoscopy. 18 – 21 **October 2017 Turkey**

3. Women Health Care Congress. **May 2017, Egypt**

Title: Management of Borderline Tumours

4. The 5th Lebanese Gynecologic Oncologic Group (LGOG) Meeting. 28-29 **April 2017, Lebanon**

Title: Role of Systematic Lymphadenectomy in Endometrial Cancer

5. The 4th International Conference of Iraqi Society of Obstetrics and Gynaecology. 5-7 **April 2017, Iraq**

Title: The Role of Laparoscopy in the gynaecologic Oncology

6. Invited chair to the RCOG World Congress. representing Jordan, Palestine and Syria 20 – 22 **March 2017. Cape Town, South Africa**

7. 2nd MEMAGO “ Middle East and Mediterranean Association of Gynecologic Oncology” Congress. 17-19 **February 2017, Dubai**

Title: Management of Vaginal Cancer

8. The 3rd Gynecology Expert Meeting. 17-18 **November 2016, Egypt**

Title: Assessment of Adnexal masses in young patients

9. H6OG, Hikma's Sixth Obstetrics and Gynecologists Workshop. 31st May – 1st **June 2016, Egypt**

Title: Pelvic Inflammatory disease, A common problem in a conservative society.

10. 4th Lebanese Gynecologic Oncologic Group (LGOG) Meeting. 16-17 **April 2016, Lebanon**

Title: Is it the time to start cervical screening in Jordan .

11. Clinical Insights in General Practice meeting (CIGP) 19-20 **December 2015 Tunisia**

Conferences Attended

1. Minimal invasive Gynecological Surgery Course, IRCAD 18-20 **April 2016**

2. The 7th International Congress of the Jordanian Society for fertility and Genetics. 26-28 **April 2017**

3. The Science of Tissue Management, Training the Trainers. 11 – 13 **June 2015 Dubai**

4. The 6th International Congress of the Jordanian Society for fertility and Genetics. 22-24 **April 2015**

5. The 8th International Conference for the Scientific Society of the Arab Faculties of Medicine **October 2016**

6. The 16th International gynecologic Cancer Society Meeting. 29-31 **October 2016, Portugal**

7. 24th Annual Congress of ESGE “ European Society of Gynecologic Endoscopy. 7-19 **October 2015, Budapest**

8. Long Acting reversible Contraception, Training the trainers. 24 – 26 **February 2015. USAID Project, Jordan**

9. Laparoscopic Gynecology Master Class. 16-17 **December 2014, Turkey**

10. The 12th International Congress of the Jordanian Society of Obstetricians. 3-5 **September 2014, Jordan**

11. Conference on Cancer Biobanking. 10-11 **August 2014, Jordan**

12. 15th World Congress for Cervical Pathology and Colposcopy. 26-30 **May 2014 London**

13. Advances in surgical Haemostasis Course (Gynaecology Surgeons). 14 **April 2014, UAE**

14. Basic Life Support. **6 April 2014, Amman Jordan**

15. Master Class: Surgical Solutions for Uterine Bleeding Disorders. 2-4 **April 2014, Germany**

16. ESHRE Meeting. London 2013

Member of Scientific Committees

1. 18th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 2nd&3rd**March 2017** Amman
2. The 2nd MEMAGO “ Middle East and Mediterranean Association of Gynecologic Oncology” Congress. 17-19 **February 2017, Dubai**
3. Women Oncology Conference, “Less is More”. 20-22 **October 2016**. Amman
4. The American College of Surgeons Jordan Chapter, 1st Annual Clinical Congress in Collaboration with the Jordan Surgical Societies. 5-8 **May 2016**, Amman
5. 17th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 3rd&4th**March 2016** Amman
6. The 4th Asian Congress on Endometriosis. 19th – 21st **November 2015**, Dead sea
7. 1st MEMAGO “ Middle East and Mediterranean Association of Gynecologic Oncology” Congress. **October 2015, Ankara**
8. 16th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 26-27 **February 2015** Amman
9. 15th congress of the Jordanian British Society for Obstetrics and Gynaecology and The RCOG Representative Committee in Jordan, Palestine and Syria, 27-28 **February 2014**, Amman
10. The 14th Annual Conference in Obstetrics, Gynaecology and Women’s Health. 28th – 1st**March 2013**

Administrative Role in professional societies

1. Member of editorial Board of Annals AlqudsMedicine Journal
2. Elected as a member of the representative committee of the RCOG, representing Jordan, Palestine and Syria
3. Secretary of RCOG Representative Society
4. Elected as administrative committee of the Jordanian British Society in Obstetrics and Gynaecology
5. Responsible for Training Office on behalf of the Jordanian British Society

Committees at The University of Jordan

1. Clinical Training Committee
2. Library Committee
3. Member of the committee to check inventory before moving to the new Maternity Hospital
4. Medical Equipment and Laboratory Committee in 2015
5. Scientific Committee for the annual faculty of medicine congress.
6. Committee to assess the need for medical equipment for the skills lab at the faculty of Medicine.
7. Committee to assess the need of surgical sutures at Jordan University Hospital for the year 2016.
8. Morbidity and Mortality meeting
9. Committee to assess the need of haemostatic agents at Jordan University Hospital for the year 2015
10. Medical Training Committee in 2015
11. Member of the committee to meet the ACCM accreditation standards.
12. Department representative on Central Tenders Department in 2014.
13. Faculty of Medicine Representative on Central Tenders Department 2014

Workshops Organized

1. Laparoscopy in Gynaecology Specialty Hospital, 27 **November 2016**
2. Jordan Medical Association, Hakeem program. Speaker and Trainer August 11th – **September 22nd 2016**
3. Basic Practical skills, Faculty of Medicine, **May 2016**
4. Basic surgical skills, Specialty Hospital **November 2015**
5. Basic surgical skills, Specialty Hospital **July 2015**
6. Sims Black award to train in obstetric Emergencies, Islamic hospital **May 2015**
7. Obstetric Emergencies Islamic Hospital **February 2015**
8. Endometriosis Awareness day 24th February 2015
9. Operative Laparoscopy and Hysteroscopy 2nd **September 2014**
10. Pelvic floor injuries, faculty of medicine **2013**

Certificates Obtained In the Last 5 Years

FRCOG: Fellow of the Royal College of Obstetricians and Gynaecologists, March 2017

FICRS: Fellow of the International College of Robotic Surgeons, SEPT 2015

ATSM Medical Education, through RCOG, November 2012

Other Types of Work

1. Running internal investigation on patient's related complaints.
2. Court Expert for the Attorney general Office in 2015
3. Sponsored to attend training on expanding access to equitable and sustainable facility based family planning service.
4. Thank you letter from Islamic Hospital for helping in their annual residents exams
5. Thank you letter Specialty Hospital for helping in their annual residents exams.
6. Approval for research funding on lumbar block as pain relief after caesarean section

Courses Attended Before Joining The University of Jordan

- Faculty member of Norfolk and Norwich operative laparoscopy course March 2012.
- Training in operative Robotic Surgery at Cork university Hospital March 2012
- Faculty member at James Paget Basic Practical skills November 2011.
- Faculty member at Leicester Royal infirmary MOET course may 2011
- European Society of Gynecological oncology meeting Milan Italy September 2011
- Women health Forum. Rome Italy November 2010.
- Pain management and end of life care, Anglia cancer network. October 2010
- Presentation and negotiation skills. London June 2010
- Sense of leadership workshop London May 2010
- Management and leadership skills, NNUH May 2010
- Taught course in gynaecological oncology. Pan Birmingham cancer centre April 2010.
- Communication skills workshop, Anglia cancer network March 2010
- MOET course at Kings College, September 2009
- Operative hysteroscopy workshop, Birmingham women Hospital, March 2009.
- Laparoscopic workshop, March 2009, Norfolk and Norwich University Hospital
- Statistical package for social sciences (SPSS) training course, July 2008 University of East Anglia
- Laparoscopic workshop, June 2008, Norfolk and Norwich University Hospital
- “How to get your research started” June 2008, Norfolk and Norwich University Hospital
- Introduction into research methods, March 2008 Norfolk and Norwich University Hospital

- Grant application study day, NNUH February 2008
- Anaestomosis course, Addenbrooke's Hospital 25th – 29th June 2007
- Theoretical Colposcopy Course "Addenbrooke's Hospital, 18 - 19 May 2006
- "Good clinical practice and the EU directive regulations in research framework"
Norfolk and Norwich University Hospital. March, 2006
- Training course on 'Balloon Endometrial Thermablation', James Paget Hospital, Oct 2005.
- Training course on 'Microwave Endometrial Ablation', James Paget Hospital,
- 'Communication skills' session, James Paget Hospital,

Publications

1. Awareness and Knowledge of Ovarian Cancer Symptoms and Risk Factors: A Survey of Jordanian Women

Authors: Mazen Freij, MD, MRCOG, FICRS, Mohammad Al Qadire, RN, PhD, Maysa Khadra, MD

Clinical Nursing Research 1–15 2017

2. Type Specific Prevalence of Human Papillomavirus Among Women with Abnormal Cytology in Jordan

Authors: Mazen A Freij ,Hanan H SalehHusam A Abu FarsakhMaysa M Khadra et al

Accepted for Publication at European Journal Of Gynecological Oncology 2017

3. Low rate of cervical cancer among women with rising incidence of cervical cytological abnormalities. The unlearnt lesson

Authors: Mazen A Freij ,Maysa M Khadra , Husam A Abu Farsakh, Hanan H Salehet al

Accepted for Publication at European Journal Of Gynecological Oncology 2017

4. Looking at school nurses' roles in tackling overweight and obesity

Authors: Mohammed ALBashtawy, Mohammed Alshloul, Abdullah Alkawaldeh, **Mazen Freij**, Omar AL-Rawajfah, Huda Gharaibeh, AM Batiha

Publication date: 2014/10/2

Journal: British Journal of School Nursing

Volume 9, Issue8, Pages17-19

5. A novel approach to postoperative bladder care in women after radical hysterectomy

Authors: Hilary Turnbull, NikolaosBurbos, Mazen Abu-Freij, Timothy J Duncan, Joaquin J Nieto

Publication date: 2012/10/1

Journal: Archives of gynecology and obstetrics

Volume 286, Issue4, Pages1007-1010

7. Pattern of interaction and relationships between family members

Authors: ManarAlazzam, Mohammed Albashtawy, MaenAljezawi, Abdul-MonimBatiha, Mazen Freij, BarakatKhasawneh, FadwaAlhalaiqa

Publication date: 2017/3/6

Journal: International Journal of Health

Volume: 5, Issue 1, Pages 45-47

8. The Health Belief Model's Impacts on the Use of Complemen- tary and Alternative Medicine by Parents or Guardians of Children with Cancer

Authors: Mohammed ALBASHTAWY , Huda GHARAIBEH , Fadwa ALHALAIQA , Abdul- Monim BATIHA , Mazen FREIJ et al

Iran J Public Health, Vol. 45, No.5,May2016, pp.708-709

9. Human chorionic gonadotropin cutoff value determined by receiver operating characteristic curve analysis is useful but not absolute for determining pregnancy outcomes

Authors: Maysa M Khadra, Mazen A Freij, Muataz Q Al-Ramahi, Abdullah Y Al-Jamal, Fida M Thekrallah, Lubna H Tahtamouni

Publication date: 2016/6/30

Journal: Middle East Fertility Society Journal

Volume: 21, Issue 2, Pages 120-124, Publisher Elsevier

10. Recurrent Hydatidiform Molar Pregnancy: A Case Report of 5 Consecutive Molar Pregnancies Complicated by HELLP and DIC, and Review of Literature

Authors: FawazKhaza'leh, Kareem Haloub, Mazen Freij

Publication date: 2015

Journal: Platelets, Volume95, Pages160,000

11. Low grade astrocytoma arising in a mature ovarian teratoma in an adolescent

Authors: Yousef R Badran, Fatima N Obeidat, Mazen A Freij

Publication date: 2013/12/1

Journal: Clinical Ovarian and Other Gynecologic Cancer, 2013

Burbos N, **ABU FREIJ** et al. **How to improve training in bowel surgery for gynaecological oncology.** IJGC. 2011, 21(9);1692-4

ABU FREIJ M, Nieto JJ et al. **The role of omental biopsy in endometrial cancer staging.** Gynecol Surg. 2009;6(3);251-3

Mazen Abu Freij, HananSaleh,et al. The use of MRI for selecting patients with endometrial cancer and significant co-morbidities for vaginal hysterectomy. Archives of Gynecology and Obstetrics DOI:10.1007/s00404-010-1541-y

Burbos N, **ABUFREIJ** et al. **Early postoperativedischarge following radical vulvectomy and inguinal lymphadenectomy for vulvarcarcinoma.** Gynecol Surg.2009. DOI10.1007/s10397-009-0504-4

Revicky V, **Freij M** et al .**AppendicularDesmoidtumour, an uncommon cause for abdominal pain.** Gynecological Surgery 2011; 8(2) 235-238

MRCOG PART II short essay Book M. Hassanaien, M A Freijet al.
published by Rila Publication ltd, March 2007.

Freij M A, Saleh H et al. Primary ovarian choriocarcinoma presenting with acute abdomen Mimicking ectopic pregnancy. *Eur. J. Gynaecol. Oncol.*32:425-6. 2011

Hamouda T, **Freij MA**, Saleh M. Management of genital warts in pregnancy.
ClinExpObstet Gynecol. 2012;39(2):242-4.

Bowel surgery in gynaecological oncology training programme

Abu Freij M, Burbos N, Kapur S, Duncan T, Crocker S, Nieto J
13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)
Prague, Czech Republic

Early removal of urinary catheter after radical hysterectomy

Abu Freij M, Burbos N, Duncan T, Crocker S, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

Follow up cytology in women that underwent loop excision of the cervix: management of dyskariotic smears after treatment

Burbos N, Abu Freij M, El Sawy M, Duncan T, Crocker S, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

Is gynaecological cancer a reason for extending the length of hospital stay?

Abu Freij M, Cocker R, Burbos N, Crocker S, Duncan T, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

Vaginal hysterectomy as a treatment option in patients with endometrial cancer and significant co-morbidities

Abu Freij M, Saleh H, Rawlins H, Crocker S, Duncan T, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

The role of thrombocytosis in preoperative assessment for ovarian masses

Estimating the risk of endometrial cancer – A clinical prediction algorithm based on patient characteristics

Myriokefalitaki E, Burbos N, Siozos C, Blanas K, Abu Freij M, Crocker S, Duncan T, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

Do different risk malignancy indices perform equally in the preoperative evaluation of premenopausal and postmenopausal women with ovarian masses?

Estimating the risk of endometrial cancer – A clinical prediction algorithm based on patient characteristics

Burbos N, Siozos C, Blanas K, Abu Freij M, Greig E, Crocker S, Nieto J, Duncan T

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

Splenic peliosis in association with benign ovarian tumour

Abu Freij M, Saleh H, Duncan T, Crocker S, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic

Primary ovarian choriocarcinoma presenting with acute abdomen mimicking an ectopic pregnancy

Abu Freij M, Saleh H, Duncan T, Crocker S, Nieto J

13th Biennial Meeting of the International Gynecological Cancer Society (IGCS)

Prague, Czech Republic